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IT'S **NOT** JUST  
"HARMLESS WATER VAPOR"

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# The Public Health and Safety Benefits of 100% Smoke-free, Exemption-Free Multi-Unit Housing

SMOKE-FREE MARIN COALITION [SMOKEFREEMARIN.ORG](http://SMOKEFREEMARIN.ORG)

# Smoke-Free Marin Coalition's Public Health Campaign: 100% smoke-free multi-unit housing in Sausalito

- ▶ Sausalito is the last of 12 Marin jurisdictions to address protections for all of its residents from drifting smoke and fire hazards caused by smoking and vaping tobacco and cannabis in multi-unit housing complexes (apartments and condos).
- ▶ Every jurisdiction in Marin protects 100% of residents living in shared wall dwellings; Sausalito only protects 80% of its residents.
- ▶ 30 second PSA, that was shown on local television stations:  
<https://vimeo.com/user29567680>

# How Does Your Neighbor's Secondhand Smoke Get Into Your Apartment or Condo?

Smoke drifts through:

- Walls (cracks)
- Ceiling crawl spaces
- Shared ventilation systems
- Electrical outlets
- Balconies & Patios
- Open Screen Doors
- Open Windows

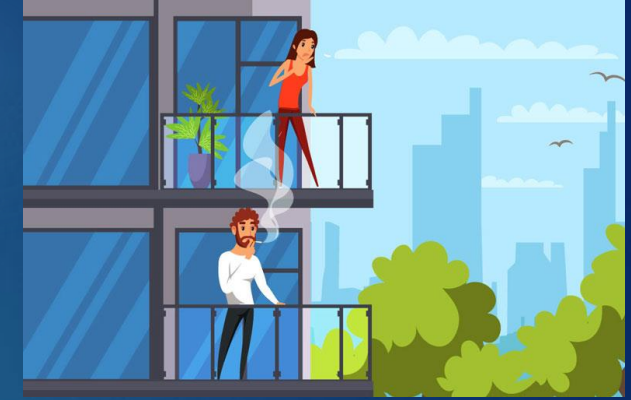


# Smoke travels toward nonsmoker's respiratory system



- ▶ Tobacco, cannabis smoke and vape aerosols can extend widely to indoor and outdoor areas, according to Stanford University air toxicologists.
- ▶ County continues to receive complaints about drifting tobacco, cannabis secondhand smoke and vaping aerosols.
- ▶ **Flammable, combustible tobacco, cannabis and vapes (which tend to explode when over-charged), all cause fire hazards.**
- ▶ There are many alternatives for nicotine and cannabis that don't involve drifting smoke & fire safety hazards: Marinol, cannabis tinctures, lozenges, edibles, nicotine gum, inhalers and patches.

# Public Health Hazards



- ▶ **Secondhand smoke (SHS) is in the category of the worst industrial air pollutants with 69 cancer causing chemicals.**
- ▶ **Cannabis secondhand smoke contains many of the same cancer-causing chemicals and toxic chemicals as tobacco secondhand smoke. **Secondhand cannabis “THC high” especially harms children.****
- ▶ **Exposure to secondhand tobacco and cannabis smoke substantially increases the risks for Covid infection, and makes recovery more difficult.**
- ▶ **The Covid pandemic has forced many people to work from home. Elderly “shut ins” and children who are home for longer periods of time are most vulnerable to all preventable disease hazards.**
- ▶ **The *American Academy of Pediatrics* revealed that children living in apartments had nearly twice the levels of cotinine (from nicotine) compared to those living in detached houses. They also had high numbers of preventable severe burn injuries and deaths from smoking related fires.**

# Long Term Benefits of 100% smoke-free units with no exemptions



- We continue to receive SHS exposure complaints from nonsmokers living in low income areas of the County, who fell through the cracks of the current ordinance exemptions.
- Public Health requires equal protection for all people regardless of their socio-economic status. Many cannot afford single family homes.
- The unhealthy exemptions need to be eliminated and loopholes need to be closed for equity for all.
- **The majority of Marin's 12 jurisdictions (except for Sausalito now protect 100% of their MUH residents from SHS.**
- Once Sausalito updates their ordinances by eliminating exemptions, children and adults of all ages living in 100% of Marin's jurisdictions will be protected.

# Secondhand Smoke is a leading cause of SIDS (Sudden Infant Death Syndrome)

**How secondhand smoke harms infants:** <https://www.epa.gov/childcare/resources-about-environmental-tobacco-smoke-child-care-providers>

## **Other Dangers of secondhand smoke:**

- ▶ <https://www.healthychildren.org/English/health-issues/conditions/tobacco/Pages/Dangers-of-Secondhand-Smoke.aspx>
- ▶ <https://www.nationwidechildrens.org/family-resources-education/health-wellness-and-safety-resources/helping-hands/second-hand-smoke>
- ▶ **Smoke-free ordinances protect infants and toddlers from third-hand smoke exposure:** <https://www.healthline.com/health/thirdhand-smoke>
- ▶ **Statewide Campaign: Undo Tobacco** <https://www.undo.org>

# Contact us at Smoke-Free Marin

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